SPEAKING AND PRESENTATIONS

Public Speaking and Confidence

Prepare, deliver and improve a concise audience-centred speech using video feedback.

10 sessions × 60 minutes · 10 hours · 850 AZN. Prices may change depending on current conditions.

Who is it for

For professionals who want to develop skills in speaking and presentations and apply their learning at work.

By the end you will be able to

- State a speech purpose and key message in one sentence.
- Build a talk with opening, supporting points and close.
- Review voice, pauses and body language using video evidence.

Practical assignments

- One-minute opening exercise.
- Camera rehearsal and video review.
- Audience question response practice.

Session plan

01 Psychological preparation for speaking

02 Speech structure

03 Voice

04 Intonation

05 Pace and pauses

06 Body language

07 Storytelling

08 Connecting with the audience

09 Speaking on camera

10 Final speech and video analysis

Final practical output

Prepared speaking outline, final video and personal improvement note.

Assessment and feedback

Final speech feedback addresses message clarity, structure, timing, voice and audience connection.

Training format

Live online via Zoom / Google Meet. 1 participant + 1 trainer. Schedule agreed together.

Contact and enrolment

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