SOFT SKILLS AND WORKPLACE COMMUNICATION

Psychological Safety and Trust

Leadership behaviours that help team members speak up, ask questions and learn from mistakes.

5 sessions × 1.5 hours · 7.5 hours · 890 AZN. Prices may change depending on current conditions.

Who is it for

For team leaders, HR professionals and managers improving collaboration.

Programme purpose

This leadership programme focuses on inclusive participation norms, listening, respectful responses and learning conversations. It is not clinical or psychological treatment.

By the end you will be able to

- You will create team agreements, leader dialogue examples and a follow-up plan.

Practical assignments

- We will design team-specific practices for meetings, feedback and discussing mistakes.

Session plan

01 Session 1: trust and barriers to speaking up

02 Session 2: leader listening and response behaviours

03 Session 3: inclusive meeting practices

04 Session 4: learning conversations after mistakes

05 Session 5: team agreement and follow-up

Final practical output

You will create team agreements, leader dialogue examples and a follow-up plan.

Assessment and feedback

The final practical work receives trainer feedback on fit to a real or sample situation, clarity of reasoning and actionable next steps.

Training format

Individual live online training only: one participant and one trainer. 5 sessions × 90 minutes (450 minutes total). Zoom / Google Meet; schedule agreed individually.

Topic references

Center for Creative Leadership — Leadership Topics: https://www.ccl.org/leadership-solutions/leadership-topics/

References inform the topics; AİTM does not claim accreditation by these organisations.

Contact and enrolment
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